



2023 2A/3A/4A All-League Swimming

First Team Selections

Event	Name	School	Year
100/200 Freestyle	Brigid Dinnen	East Valley	Soph
Adaptive 50 Free/50 Back	Graycie Graham	Clarkston	Soph
100 Free/100 Breaststroke	Hazel Edge	Pullman	Fresh
200/500 Freestyle	Ava Swigart	Lewis & Clark	Soph
500 Freestyle/200 Medley	Hallie Mackleit	Clarkston	Fresh
100 Butterfly/100 Backstroke	Bree Myers	Pullman	Junior
200/500 Freestyle	Poppy Edge	Pullman	Senior
50/100 Freestyle	Lauren Howe	Cheney	Junior

Second Team Selections

Event	Name	School	Year
200 IM/100 Freestyle	Madi Bauman	Cheney	Fresh
50 Freestyle/200 IM	Makayla Dougherty	Clarkston	Junior
100 Butterfly/100 Breaststroke	Codi Thomas	Pullman	Senior
200 IM/100 Breaststroke	Kiara Donolo	Pullman	Junior
100 Freestyle	Sophie Schaefer	Cheney	Junior
50/100 Freestyle	Anjali Richards	Lewis & Clark	Fresh

Honorable Mention Selections

Event	Name	School	Year
100 Backstroke	Jezelle Schmidt	Cheney	Fresh
200 Free/500 Freestyle	Estelle Uberuaga	Pullman	Senior
50 Free/100 Butterfly	Anya Atkinson	Lewis & Clark	Fresh
50 Free/100 Backstroke	Maile Sandberg	Pullman	Soph
50/100 Freestyle	Bethany Bleam	Cheney	Fresh
200 Free/100 Freestyle	Keira Frichette	Pullman	Soph
200 Medley Relay	Honora Larreau	Clarkston	Junior

Swimmer of the Year

Brigid Dinnen

East Valley | Sophomore

Coach of the Year

Eric Chung

Pullman

League Champion

Pullman