



2023 3A/4A All-League Girls Soccer

First Team Selections

Name	School	Position	Year
Jannah Wanner	Gonzaga Prep	Forward	Junior
Isabella Longo	University	Forward	Senior
Preslie Young	Ridgeline	Forward	Senior
Tess Keyes	Gonzaga Prep	Midfielder	Senior
Caylee Kerr	Gonzaga Prep	Midfielder	Senior
Bre Koscielski	Mt Spokane	Midfielder	Senior
Quinn Mueller	Ridgeline	Midfielder	Soph
Julia Few	Gonzaga Prep	Defender	Junior
Nora Cullen	Mead	Defender	Soph
Olivia Smith	Ridgeline	Defender	Junior
Kenzie Shuler	Mt Spokane	Goalkeeper	Soph



Second Team Selections

Name	School	Position	Year
Alex Miller	Cheney	Forward	Senior
Ava Felice	Gonzaga Prep	Forward	Junior
Natalie Thompson	Ridgeline	Forward	Junior
Teryn Gardner	Mead	Midfielder	Senior
Chloe Ahumada	University	Midfielder	Soph
Sofia Alfaro	Lewis & Clark	Midfielder	Senior
Sylvie Washington	Ferris	Midfielder	Junior
Elise Davis	Ferris	Defender	Senior
Lilly Heaton	University	Defender	Soph
Grace Grumbly	Cheney	Defender	Senior
Aliana Vakaloloma	Ridgeline	Goalkeeper	Fresh

Honorable Mention Selections

Name	School	Position	Year
Pearl Wicks	North Central	Forward	Soph
Keegan Tee	Lewis & Clark	Forward	Soph
Avery Bringhurst	Central Valley	Forward	Junior
Rylee Vanos	Mead	Forward	Soph
Paige Evans	Cheney	Midfielder	Senior
Avery Davidson	Mt Spokane	Midfielder	Fresh
Ruby Shaw	Lewis & Clark	Midfielder	Soph
Grace Howard	Mead	Midfielder	Senior
Gretchen Dornay	Lewis & Clark	Midfielder	Junior
Dakota Hansen	Mt Spokane	Midfielder	Junior
Mallory Olson	Central Valley	Goalkeeper	Soph
Myann Johansen	Ferris	Goalkeeper	Junior
Aubree Carpenter	University	Goalkeeper	Senior
Abby Liezen	North Central	Goalkeeper	Junior

Offensive MVP

Carsyn Gildehaus

University | Sophomore

Defensive MVPs

Keagan Austin

Gonzaga Prep | Senior

Taylor Rasmussen

Ridgeline | Senior

Coach of the Year

Kara Sharpe

University

League Champions

Gonzaga Prep

Ridgeline