

# GREATER SPOKANE LEAGUE CROSS COUNTRY

3 A / 4 A

2024

## VARSITY BOYS

	Win	Loss
1. Lewis & Clark	9	0
2. Mt Spokane	8	1
3. Mead	7	2
4. Cheney	6	3
5. Central Valley	5	4
6. University	4	5
7. Gonzaga Prep	3	6
8. Shadle Park	2	7
9. Ferris	1	8
10. Ridgeline	0	9

## VARSITY GIRLS

	Win	Loss
1. Gonzaga Prep	8	1
1. Mead	8	1
1. University	8	1
4. Lewis & Clark	6	3
5. Mt Spokane	5	4
6. Ferris	4	5
7. Ridgeline	3	6
8. Cheney	2	7
9. Central Valley	1	8
10. Shadle Park	0	9

## JV BOYS

	Win	Loss
1. Lewis & Clark	9	0
2. Cheney	8	1
3. Mt Spokane	7	2
4. Mead	6	3
5. Gonzaga Prep	5	4
6. Shadle Park	4	5
7. University	3	6
8. Ferris	2	7
9. Ridgeline	1	8
10. Central Valley	0	9

## JV GIRLS

	Win	Loss
1. Lewis & Clark	9	0
2. Gonzaga Prep	8	1
3. Ridgeline	6	3
4. Ferris	5	4
4. Mead	5	4
6. Cheney	4	5
6. University	4	5
8. Mt Spokane	3	6
9. Central Valley	1	8
10. Shadle Park	0	9

# GREATER SPOKANE LEAGUE CROSS COUNTRY 3 A / 4 A 2024

September 25

## VARSITY BOYS

## VARSITY GIRLS

At Manito Park ~ Oct 9

Lewis & Clark	15	Ferris	45	University	19	Ferris	44
Lewis & Clark	15	University	45	University	15	Lewis & Clark	49
University	22	Ferris	33	Lewis & Clark	25	Ferris	30

At Shadle Park H.S.

Mt Spokane	16	Ridgeline	47	Mt Spokane	28	Ridgeline	29
Mt Spokane	18	Shadle Park	44	Mt Spokane	17	Shadle Park	42
Shadle Park	21	Ridgeline	34	Ridgeline	21	Shadle Park	40

At Mead H.S.

Mead	15	Central Valley	46	Gonzaga Prep	16	Cheney	42
Mead	25	Cheney	30	Gonzaga Prep	23	Mead	33
Mead	15	Gonzaga Prep	47	Mead	15	Central Valley	50
Cheney	15	Central Valley	46	Mead	22	Cheney	35
Cheney	15	Gonzaga Prep	46	Cheney	15	Central Valley	50

## JV BOYS

## JV GIRLS

Sep 25 JV Boys ~ At Manito Park ~ Oct 9 JV Girls

Lewis & Clark	15	Ferris	50	Lewis & Clark	19	Ferris	43
Lewis & Clark	15	University	50	Lewis & Clark	15	University	50
University	25	Ferris	31	Ferris	15	University	50

At Shadle Park H.S.

Mt Spokane	17	Ridgeline	44	Ridgeline	18	Mt Spokane	40
Mt Spokane	15	Shadle Park	44	Ridgeline	15	Shadle Park	50
Shadle Park	26	Ridgeline	33	Mt Spokane	15	Shadle Park	50

At Mead H.S.

Cheney	15	Central Valley	50	Gonzaga Prep	18	Cheney	41
Cheney	15	Gonzaga Prep	41	Gonzaga Prep	18	Mead	45
Cheney	19	Mead	40	Cheney	15	Central Valley	46
Mead	17	Central Valley	46	Cheney	26	Mead	31
Mead	28	Gonzaga Prep	29	Mead	15	Central Valley	50

# GREATER SPOKANE LEAGUE CROSS COUNTRY

3 A / 4 A

2024

October 2

## VARSITY BOYS

## VARSITY GIRLS

At Salnave Park

Cheney	19	Shadle	44	University	21	Cheney	40
Cheney	15	University	50	University	15	Shadle Park	48
University	23	Shadle Park	34	Cheney	23	Shadle Park	32

At Mountanside M.S.

Mt Spokane	17	Ferris	46	Mead	21	Ferris	34
Mt Spokane	27	Mead	28	Mead	26	Mt Spokane	30
Mead	16	Ferris	47	Mt Spokane	19	Ferris	40

At Ridgeline H.S.

Lewis & Clark	15	Central Valley	44	Gonzaga Prep	20	Lewis & Clark	35
Lewis & Clark	19	Gonzaga Prep	40	Gonzaga Prep	19	Ridgeline	37
Lewis & Clark	15	Ridgeline	45	Lewis & Clark	15	Central Valley	50
Central Valley	18	Ridgeline	39	Lewis & Clark	22	Ridgeline	38
Gonzaga Prep	24	Ridgeline	32	Ridgeline	15	Central Valley	50

## JV BOYS

## JV GIRLS

At Salnave Park

Cheney	15	Shadle Park	50	University	23	Cheney	33
Cheney	15	University	50	University	15	Shadle Park	50
Shadle Park	26	University	31	Cheney	15	Shadle Park	50

At Mountanside M.S.

Mt Spokane	15	Ferris	46	Mead	26	Ferris	29
Mt Spokane	25	Mead	31	Mead	28	Mt Spokane	28
Mead	17	Ferris	43	Mt Spokane	27	Ferris	29

At Ridgeline H.S.

Lewis & Clark	15	Central Valley	50	Lewis & Clark	15	Central Valley	50
Lewis & Clark	15	Gonzaga Prep	50	Lewis & Clark	15	Gonzaga Prep	45
Lewis & Clark	15	Ridgeline	50	Lewis & Clark	15	Ridgeline	47
Gonzaga Prep	15	Ridgeline	50	Gonzaga Prep	24	Ridgeline	31
Ridgeline	27	Central Valley	28	Ridgeline	15	Central Valley	50

# GREATER SPOKANE LEAGUE CROSS COUNTRY 3 A / 4 A 2024

October 16

## VARSITY BOYS

## VARSITY GIRLS

At Ferris H.S.

Cheney	18	Ferris	45	Ferris	28	Cheney	29
Cheney	15	Ridgeline	50	Ferris	28	Ridgeline	28
Ferris	20	Ridgeline	38	Ridgeline	25	Cheney	30

At Shadle Park H.S.

Lewis & Clark	20	Mead	39	Mead	27	Lewis & Clark	30
Lewis & Clark	18	Shadle Park	45	Mead	17	Shadle Park	40
Mead	19	Shadle Park	42	Lewis & Clark	17	Shadle Park	46

At Central Valley H.S.

Mt Spokane	19	Central Valley	37	University	15	Central Valley	50
Mt Spokane	19	Gonzaga Prep	41	University	27	Gonzaga Prep	30
Mt Spokane	17	University	42	University	25	Mt Spokane	32
Central Valley	20	University	35	Gonzaga Prep	24	Mt Spokane	33
University	26	Gonzaga Prep	29	Mt Spokane	15	Central Valley	50

## JV BOYS

## JV GIRLS

At Ferris H.S.

Cheney	15	Ferris	50	Ferris	17	Cheney	44
Cheney	15	Ridgeline	50	Ferris	27	Ridgeline	28
Ferris	15	Ridgeline	50	Ridgeline	19	Cheney	42

At Shadle Park H.S.

Lewis & Clark	15	Mead	48	Lewis & Clark	15	Mead	49
Lewis & Clark	15	Shadle Park	50	Lewis & Clark	15	Shadle Park	50
Mead	18	Shadle Park	41	Mead	15	Shadle Park	50

At Central Valley H.S.

Mt Spokane	15	Central Valley	48	Gonzaga Prep	15	Mt Spokane	47
Mt Spokane	15	Gonzaga Prep	44	Gonzaga Prep	28	University	29
Mt Spokane	15	University	49	University	15	Central Valley	40
Gonzaga Prep	15	University	48	University	18	Mt Spokane	37
University	25	Central Valley	30	Mt Spokane	16	Central Valley	46

# GREATER SPOKANE LEAGUE CROSS COUNTRY 3 A / 4 A 2024

October 22

## VARSITY BOYS

## VARSITY GIRLS

At Manito Park

Lewis & Clark	19	Cheney	39	Lewis & Clark	22	Cheney	39
Lewis & Clark	25	Mt Spokane	34	Lewis & Clark	27	Mt Spokane	30
Mt Spokane	28	Cheney	29	Mt Spokane	22	Cheney	35

At University High School

Mead	15	Ridgeline	50	Mead	22	Ridgeline	35
Mead	15	University	47	Mead	28	University	29
University	18	Ridgeline	41	University	17	Ridgeline	44

At Finch Arboretum

Central Valley	18	Ferris	39	Gonzaga Prep	21	Central Valley	38
Central Valley	27	Gonzaga Prep	28	Gonzaga Prep	19	Ferris	42
Central Valley	22	Shadle Park	33	Gonzaga Prep	15	Shadle Park	46
Gonzaga Prep	19	Ferris	42	Ferris	27	Central Valley	32
Gonzaga Prep	23	Shadle Park	35	Ferris	23	Shadle Park	38
Shadle Park	22	Ferris	36	Central Valley	25	Shadle Park	30

## JV BOYS

## JV GIRLS

At Manito Park

Lewis & Clark	23	Cheney	35	Lewis & Clark	15	Cheney	50
Lewis & Clark	17	Mt Spokane	43	Lewis & Clark	15	Mt Spokane	50
Cheney	25	Mt Spokane	30	Cheney	21	Mt Spokane	35

At University High School

Mead	15	Ridgeline	50	Ridgeline	15	Mead	48
Mead	15	University	49	Ridgeline	15	University	50
University	22	Ridgeline	35	Mead	15	University	50

At Finch Arboretum

Gonzaga Prep	19	Central Valley	42	Gonzaga Prep	15	Central Valley	50
Gonzaga Prep	17	Ferris	44	Gonzaga Prep	15	Ferris	47
Gonzaga Prep	17	Shadle Park	46	Gonzaga Prep	15	Shadle Park	50
Shadle Park	24	Central Valley	31	Ferris	15	Central Valley	45
Shadle Park	28	Ferris	29	Ferris	15	Shadle Park	50
Ferris	23	Central Valley	37	Central Valley	15	Shadle Park	50