



2021 3A/4A All-League Boys Wrestling

First Team Selections

Name	School	Weight	Year
Tanner Crosby	Mt. Spokane	106	Fresh
Bennet Beard	Central Valley	113	Junior
Isaac Muniz	Gonzaga Prep	120	Soph
Tyler Walker	University	126	Junior
Joshua Neiwart	Gonzaga Prep	132	
Ryan Clark	Mead	138	Junior
Q'Veli Quintanilla	Gonzaga Prep	145	Soph
Johnny Mason	Mead	152	Junior
Jackson Showalter	Cheney	160	Senior
Dylan Straley	Cheney	170	Senior
Connor Larsen	University	182	Senior
Jarom Liljenquist	Mt. Spokane	195	Soph
Jakob Connors	Mead	220	Junior
Nathan Boldizar	University	285	Senior

Second Team Selections

Name	School	Weight	Year
Joseph Meyers	Central Valley	106	Soph
Nolan Crosby	Mt. Spokane	113	Junior
Hunter Poindexter	Mead	120	Junior
Joe Showalter	Cheney	126	Soph
Daniel Guzman	University	132	Senior
Hudson Buth	Mt. Spokane	138	Soph
Cash Ruegsegger	Mt. Spokane	145	Senior
Ben Mitchell	Mead	152	Senior
Kyler Anstrom	University	160	Senior
Jared Clark	Central Valley	170	Senior
Blake Seubert	Cheney	182	Senior
Nathan Shaber	Central Valley	195	Senior
Bryce Tellinghusen	University	220	Senior
AJ Whitman	Mead	285	Senior

Honorable Mention Selections

Name	School	Weight	Year
Elliot Wilson	Mead	106	Fresh
Jeison Ingram	Ferris	113	Soph
Mason Morris	Gonzaga Prep	120	Senior
Blaine Beard	Central Valley	126	Fresh
Cole Turner	Mead	132	Junior
Ivan Acosta	Gonzaga Prep	138	Fresh
Jake Mark	Mead	145	Junior
Caleb Anastasi	Ferris	152	Senior
Jordan Campbell	Mt. Spokane	160	Soph
Deklen Agloinga	Mead	170	Junior
Holden Hohman	Mt. Spokane	182	Junior
Chris Grosse	Mead	195	Soph
James Whiteley	Cheney	220	Senior
Elijah Reems	University	285	Junior

Wrestler of the Year

Q'Veli Quintanilla
Gonzaga Prep

Coach of the Year

Phil McLean
Mead

