



2023 2A All-League Boys Track & Field

First Team Selections

Event	Name	School	Perf
100 Meters	Christian Howell	Clarkston	10.84
200 Meters	Christian Howell	Clarkston	22.25
400 Meters	Jayden Barta	West Valley	49.83
800 Meters	Liam Fitzgerald	Pullman	1:59.69
1600 Meters	Liam Fitzgerald	Pullman	4:26.67
3200 Meters	Tony Belko	West Valley	10:02.44
110 Hurdles	Jay Len Sparks	Rogers	15.24
300 Hurdles	Liam Newell	Shadle Park	41.08
4x100 Relay	J'Shawn Moore, Alex Munteanu, Krystian Pikulik, Aaron Kinsey	Rogers	42.93
4x400 Relay	Evan Anderson, Anthony Wright, Timothy Chapman, Liam Fitzgerald	Pullman	3:29.26
Shot Put	Rasean Eaton	West Valley	50'-6.5"
Discus	Sage LoneBear	Clarkston	138'-6"
Javelin	Cooper Henkel	West Valley	158'-8"
High Jump	Parker Munns	West Valley	6'-4"
Pole Vault	Michael Athos	Rogers	13'-0"
Long Jump	Jayden Barta	West Valley	21'-8"
Triple Jump	Joshua Reed	Rogers	42'-7.5"

Second Team Selections

Event	Name	School	Perf
100 Meters	Aaron Kinsey	Rogers	11.03
200 Meters	Timothy Chapman	Pullman	22.48
400 Meters	Luke Siler	Clarkston	52.09
800 Meters	Luke Hammond	Shadle Park	2:01.47
1600 Meters	Luke Hammond	Shadle Park	4:29.51
3200 Meters	Donavan Brown	East Valley	10:28.77
110 Hurdles	Liam Newell	Shadle Park	15.82
300 Hurdles	Jay Len Sparks	Rogers	41.34
4x100 Relay	Bo Siler, Luke Siler, Ryken Craber, Christian Howell	Clarkston	43.78
4x400 Relay	Jay Len Sparks, Hartman Warrick, Kolton Reed, Aaron Kinsey	Rogers	3:30.28
Shot Put	Trey Raiford	West Valley	45'-11"
Discus	Cotton Sears	Pullman	135'-11"
Javelin	Rosko Schroder	West Valley	157'-9"
High Jump	Aaron Kinsey	Rogers	6'-2"
Pole Vault	Chris Druffel	Pullman	11'-6"
Long Jump	Jay Len Sparks	Rogers	21'-8"
Triple Jump	Anthony Nguyen	East Valley	41'-6.5"

Coach of the Year

Brent Palmer

Rogers