2023 3A/4A All-League Football



Most Valuable Players

Landon Garner

Offense | Ridgeline | Junior

Deakon Sell

Defense | Ridgeline | Senior

Boden Gardner

All Purpose | Mt Spokane | Senior

Coaches of the Year

Dave McKenna

Head | Gonzaga Prep

Jamie Fitzgerald

Assistant | Ridgeline

Brian Patterson

Freshman | Mead

First Team — Offense

Name	School	Pos	Year
TJ Haberman	Mt. Spokane	Quarterback	Senior
Matteo Saccomanno	Mt. Spokane	Running Back	Senior
Jonah Keller	Gonzaga Prep	Running Back	Soph
Kordell Laher	Cheney	Wide Receiver	Senior
Brayden Allen	Ridgeline	Wide Receiver	Junior
Easton Amend	Ridgeline	Wide Receiver	Senior
Rip Sherwood	Lewis & Clark	Offensive Line	Senior
Lance Airey	Mt. Spokane	Offensive Line	Junior
Peyton Day	Mt. Spokane	Offensive Line	Junior
Chris Houndonougbo	Cheney	Offensive Line	Senior
Hunter Derr	Gonzaga Prep	Offensive Line	Senior
Markus Fetcho	Mead	Offensive Line	Junior
Matthew Herzog	Gonzaga Prep	Kicker	Senior

First Team — Defense

Name	School	Position	Year
Spencer Dery	Mt. Spokane	Defensive Line	Senior
Mario Rivera	Gonzaga Prep	Defensive Line	Junior
Waylon Romero	University	Defensive Line	Senior
Jacob Hendrix	Mead	Defensive Line	Senior
Nico Peña	Ridgeline	Linebacker	Senior
Ben Joireman	Mt. Spokane	Linebacker	Senior
Neal Virk	Gonzaga Prep	Linebacker	Senior
Braeden Harvey	Mead	Linebacker	Junior
Kimoni Davis	Central Valley	Defensive Back	Senior
Landon Quesnell	Ridgeline	Defensive Back	Senior
Ryan Jackson	Gonzaga Prep	Defensive Back	Senior
Caleb Wolcott	University	Defensive Back	Senior
Matthew Herzog	Gonzaga Prep	Punter	Senior

Second Team — Offense

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Name	School	Position	Year
Jack Paridon	Lewis & Clark	Quarterback	Senior
Danner Smith	Central Valley	Running Back	Senior
Keegan Mallon	Mead	Running Back	Junior
Tristan Olson	Mt. Spokane	Wide Receiver	Senior
Isaiah Docken	Gonzaga Prep	Wide Receiver	Soph
Fareed Lawal	Ferris	Wide Receiver	Senior
Miles Rhea	Lewis & Clark	Offensive Line	Senior
Daden Lewis	Ridgeline	Offensive Line	Junior
Preston Wentling	Ridgeline	Offensive Line	Junior
Colm McFetridge	Gonzaga Prep	Offensive Line	Senior
Brandon Moore	University	Offensive Line	Senior
Vance Gustafson	Mead	Offensive Line	Junior
Tyler Bissell	Central Valley	Kicker	Soph

Second Team — **Defense**

Name	School	Position	Year
Skylar Harty	Central Valley	Defensive Line	Soph
Aidan Patterson	Lewis & Clark	Defensive Line	Senior
Tommy Camp	Gonzaga Prep	Defensive Line	Senior
Dylan McCain	Ferris	Defensive Line	Senior
Dallas Parrish	Central Valley	Linebacker	Junior
Michael Mann	Lewis & Clark	Linebacker	Junior
Alex Hubbard	Cheney	Linebacker	Senior
Madden Raab	Mead	Linebacker	Senior
Beau Butner	Central Valley	Defensive Back	Junior
Ryen Borchers	Mt. Spokane	Defensive Back	Senior
Romin Saleki	Lewis & Clark	Defensive Back	Junior
Jonah Terry	Ferris	Defensive Back	Junior
Ryan Koppenhaver	Ridgeline	Punter	Senior