

# 3A/4A 2021 All-League Cross Country

#### **Girls First Team**

Name	School	Year
Audrey Thronson	Lewis & Clark	Senior
Alice Groza	Lewis & Clark	Senior
Alanna Parker	Mead	Senior
Alexis Parker	Mead	Senior
Charlotte Cullen	Mead	Sophomore
Raegan Borg	Mead	Sophomore
Ella Swanson	Lewis & Clark	Junior
Sophia Ferraro	Mead	Senior
Kendall Carter	North Central	Junior
Nicole Bissell	Central Valley	Junior
Bridget Burns	Lewis & Clark	Junior

## **Girls Second Team**

Name	School	Year
Charlotte Burns	Lewis & Clark	Freshman
Katie Lubbe	Lewis & Clark	Freshman
Samantha Habegger	Cheney	Junior
Libby Roberts	University	Freshman
Tabi Koscielski	Mt Spokane	Senior
Karly Bowen	Mt Spokane	Sophomore
Katie Ries	North Central	Sophomore

## **Girls Honorable Mention**

Name	School	Year
Alayna Ditto	Ferris	Sophomore
Alivia Bruno	Ridgeline	Junior
Taylor Schillinger	University	Senior
Teagen Beach	Central Valley	Senior
Annalise Toillion	Ferris	Senior
Lily Nielsen	Central Valley	Sophomore
Ella Kizziar	Lewis & Clark	Freshman
Ruby Bryntesen	Ridgeline	Sophomore

#### **Coach of the Year**

Dori Whitford, Mead

## **Boys First Team**

School	Year
Mead	Senior
Lewis & Clark	Junior
North Central	Senior
Gonzaga Prep	Senior
Lewis & Clark	Junior
North Central	Senior
Mt Spokane	Junior
Mead	Senior
Lewis & Clark	Senior
Central Valley	Senior
	Mead Lewis & Clark North Central Gonzaga Prep Lewis & Clark North Central Mt Spokane Mead Lewis & Clark

## **Boys Second Team**

Name	School	Year
Ethan Sheneman	Central Valley	Senior
Zach Kness	North Central	Senior
Isaac Bruce	Ferris	Junior
Jonathan Lieb	Mead	Junior
Matt Conrad	Mt Spokane	Junior
Parker Westermann	Mt Spokane	Freshman
Jacob Nicholls	Central Valley	Sophomore

### **Boys Honorable Mention**

Name	School	Year
Jacob Marchesseault	Mead	Junior
Giovanni Ferraro	Central Valley	Junior
Landon Stafford	Central Valley	Senior
Grady Ahlquist	University	Senior
Dylan Thornburg	Cheney	Senior
Hayden Oneal	Mt Spokane	Junior
Donavyn Adair	North Central	Junior

#### **Coach of the Year**

Michael Lee, Lewis & Clark