



2022 3A/4A All-League Boys/Girls Wrestling

Boys First Team Selections

Name	School	Weight	Year
Tanner Crosby	Mt. Spokane	106	Soph
Bennet Beard	Central Valley	106	Senior
James Mason	Mead	113	Fresh
Tyler Walker	University	120	Senior
Kenndyl Mobley	North Central	126	Senior
Cole Turner	Mead	132	Senior
Hudson Buth	Mt Spokane	138	Junior
Jake Mark	Mead	138	Senior
Garrett Casey	Mead	145	Senior
Jonathan Mason	Mead	152	Senior
Hunter Williams	Central Valley	152	Senior
Noah Holman	Gonzaga Prep	160	Fresh
Jesse Ramey	Central Valley	170	Senior
Ezra Anderson	Cheney	182	Senior
Jarom Liljenquist	Mt Spokane	195	Junior
JT Connors	Mead	220	Senior
Elijah Reems	University	285	Senior

Boys Second Team Selections

Name	School	Weight	Year
Nolan Crosby	Mt Spokane	113	Senior
Blaine Beard	Central Valley	120	Soph
Braxton Smith	Mead	126	Soph
Joe Showalter	Cheney	132	Junior
Dalton Taylor	Cheney	152	Junior
Austin Justice	Mead	160	Junior
Holden Hohman	Mt Spokane	170	Senior
Connor Stearns	Ferris	182	Senior
Chris Grosse	Mead	195	Junior
Daren Airey	Mt Spokane	220	Junior
Hayden Wienclaw	Ferris	285	Senior

Girls First Team Selections

Name	School	Weight	Year
Taylor Pascua	Mead	100	Fresh
Caila Rice	Clarkston	105	Senior
Ellabelle Taylor	Rogers	110	Junior

Girls Second Team Selections

Name	School	Weight	Year
Kilee Callaghan	North Central	145	Junior
Viktoriya Dovhoruka	Rogers	155	Junior
Baylie Conner	Mead	170	Soph

Girls Wrestlers of the Year

Kelsey Loeun

Mead

Libby Roberts

University

4A Wrestler of the Year

Josh Neiwert

Gonzaga Prep

3A Wrestler of the Year

Q'Veli Quintanilla

University

Coach of the Year

Ryan Montang

University

Assistant Coach of the Year

Mitch Whetzel

Mead

Middle School Coach of the Year

Shane Yackel

Evergreen